



KyHealth Choices

FACT SHEET

What is *KyHealth Choices*?

KyHealth Choices is the name for the new improved Kentucky Medicaid program.

Why is Kentucky making changes to the Medicaid program?

The current Kentucky Medicaid program is ineffective and costly. Kentucky cannot afford to continue to operate the program as it is now.

What are the goals of *KyHealth Choices*?

KyHealth Choices will use its resources to meet the needs of its members and encourage members to be personally involved in their own health care.

What does this mean to me?

As a member of *KyHealth Choices* you will be enrolled in one of four health plans.

- Global Choices will cover the general Medicaid population.
- Family Choices will cover most children and the KCHIP population.
- Optimum Choices covers individuals with mental retardation in need of long-term care.
- Comprehensive Choices covers individuals who are elderly and in need of a nursing facility level of care and individuals with acquired brain injuries.

Do I need to sign up for a plan?

No, Medicaid will automatically sign you up. You do not need to do anything.

Will I receive a new card?

No, you will use your current Medicaid card.

Will I lose services?

No, but the amount of some services you receive may be limited.

What if I get really sick and I need more services?

No need to worry. All limits to services are considered “soft” limits. That means your doctor or provider can request limits be expanded for you. If the request is medically necessary, meaning you need more services because of health-related issues, then the limit will be waived. *KyHealth Choices* will cover all the services you need to ensure your good health.

Are there limits on prescriptions?

Yes, prescriptions are limited to a total of four drugs per month.

But I take a lot more prescriptions than just four!

That is OK. If your doctor is prescribing more than four medications and they are all medically necessary, then the limit will be waived.

I have a chronic disease. Are the prescription limits the same for me?

KyHealth Choices recognizes the severity of some chronic diseases and that the needs are far more excessive than the general population. Therefore, some chronic diseases are exempt from prescription limitations.

Which diseases are excluded from limits?

High blood pressure and Type II diabetes at the same time	High Cholesterol	Migraine Headaches
Diabetes	Metabolic Syndrome	Organ Transplant
Alzheimer’s Disease	Terminal Stage of an Illness	Epilepsy
Cancer	Hemophilia	Thyroid Cancer
End Stage Lung Cancer	HIV/AIDS	Heart Disease
End Stage Renal Disease (ESRD)	Cystic Fibrosis	

Will I have to pay anything for services and prescriptions?

Yes, under *KyHealth Choices* you will be required to pay a co-pay for certain physical health services.

What is a co-pay?

A co-pay is a portion of the actual cost of the service. In most instances, co-pays will average \$1- to \$10.

How do I know which service has a co-pay?

KyHealth Choices will distribute a table outlining co-pays when *KyHealth Choices* begins.

If I take good care of myself, does that make a difference?

Yes! *KyHealth Choices* wants to encourage everyone to make wise health decisions. For that reason, there are no co-pays on preventive services such as annual check-ups. In addition, for some targeted diseases, *KyHealth Choices* will offer Get Healthy Accounts where individuals can receive awards for such things as keeping appointments or filling medications in a timely manner. The rewards can be used for such activities as paying for smoking cessation programs, weight loss programs or gym memberships.

